

# My Best Friendship Bracelet!

Want to make a friendship bracelet for your BFF?

Here's how!

Stuff you'll need:

- ❖ Embroidery thread
- ❖ Scissors
- ❖ Tape or a clipboard
- ❖ Beads (if you like)

1. Cut four strands of thread. Two should be about 40 inches long and two should be about 20 inches long. Hold all the strands together and tie a knot about 4 inches down from the top. Tape the knot to your work surface or clip it to a clipboard. (Drawing 1)
2. Put the two shorter strands in the middle. Pick up the left, outside strand and lay it loosely over the two middle strands, then under the right outside strand. (Drawing 2)
3. Pick up the right, outside strand and pass it under the two middle strands, then up through the loop you made in Step 2 with the left, outside strand. (Drawing 3)
4. Pull the outside strands snug. You've made your first knot! (Drawing 4)



Keep repeating Steps 2 and 3 to make more knots. Lots and lots of knots! This pattern will create a spiral bracelet. If you want a flat bracelet, alternate between the left, outside strand and the right, outside strand when you make your knots. Experiment! Have fun! If you want to add beads to your bracelet, just slip them onto the two middle strands while you work. Your knots will hold them in place.

Keep going until the bracelet is long enough to fit around your friend's wrist, then tie a knot. Trim the ends and ... ta-da! A bracelet for your BFF! 😊

